

# MILBRODALE MATTERS

Issue 12

Term 3 Week 5 Wednesday 21st August 2019

Milbrodale Public School

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Milbrodale Public School

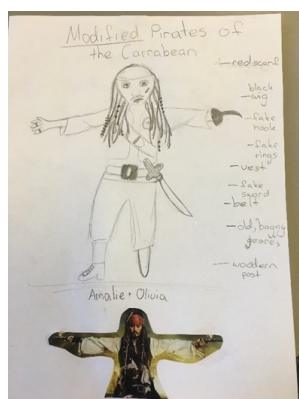
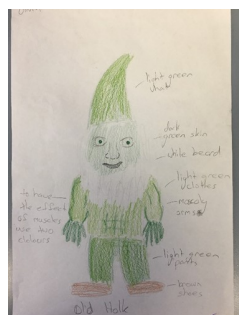


## Dear Parents / Carers, This is Student Voice

**Student voice** is something we have been working on at Milbrodale Public School. As a result the students have taken over the newsletter. During writing the students have been writing newsletter articles about what has been happening during term 3. These articles will feature in the upcoming newsletters. I hope you enjoy the information from their perspective. Kristen Kime (Principal)

### Hello from Amalie

If we haven't already told you we are entering a **gnome in the Hunter Valley Gardens gnome competition**. We are doing it because hunter valley gardens is having a spring festival and inviting schools to participate by entering the "Galaxy of Gnomes" competition.



As a school we will be entering a **Scarecrow competition at the Singleton Show**. We will be entering a pirate scarecrow. Will be needing some old raggy clothes and some props. If you have any items you think we can use could you please send them into school with your children.

### Ice Block Fridays

**Every Friday** for the rest of the term Olivia and I will be selling **ice blocks**. We are fundraising for a gift for the school to use next year. We have a variety of ice blocks; Drumsticks \$2, Bulla Crunch \$1.50, Icy Poles \$1, Zooper Doopers 50c.



School	Calendar
Date	Event
Mon 26th to Wed 28th August	Years 3 to 6 School Camp -Great Aussie Bush Camp
Fri 30th Aug	Learn to Swim - Singleton Gym & Swim
	Regional Athletics
Mon 9th Sept	Cinderella Alpha Show @ Singleton Hts school
Sun 1 Sept	Father's Day
Tues 10th Sept	ICAS Writing Yr 5/6
Fri 13th Sept	Learn to Swim
Sun 15th Sept	Milbrodale Family Fun Day
Tues 17th Sept	ICAS English Yr 5/6
Thurs 19th Sept	ICAS Maths Yr 5/6
Fri 20th Sept	Bike Day
21 and 22 Sept	Tuff Trucks
Mon 23rd Sept	Assembly 2.30pm
Fri 27th Sept	Learn to Swim
28 and 29 Sept	Singleton Show

*Crazy Hair Day 9/8/19*



## P and C News

### Update - \*FAMILY FUN DAY\*

A meeting was held last Monday at 2pm in the staff room to discuss the Family Fun Day and we would like to thank the parents who attended. We have all the activities booked, twelve stall holders, and the kids will soon be preparing for the kids stall. If you have been Spring cleaning and have items that would be suitable for the Trash n Treasure stall, please bring it to school or alternatively, bring it on the day. The Family Fun Day is our biggest fundraiser for the year and it takes the entire school & surrounding community members to put it together. It's a great opportunity to show what our little school can do! If you would like to support the Family Fun Day, please see the P&C and ask how you can help.

\* The prizes for the Chocolate Wheel have started to come in. If you have a business that you would like to approach for prizes, then see Linda for an official P&C letter. Alternatively, you may wish to purchase and donate prizes, and you can drop these off at the staff room.

\*The weather is not so cold now, so the year six girls are back to selling ice- creams and icy poles on a Friday. Prices are between 50 cents and \$2.

\* A huge thank you to Lisa and Mark for taking the time to collect the bottles and cans and take them to town to put through the Return & Earn collection booth. This is a very time consuming chore, but well worth it when our children benefit through the kitchen/garden program.

\*Mrs Barnes is welcoming any parents who would like to assist in cooking lessons. If you would like to see your child working in the kitchen, please see her on a Wednesday. If you are on Instagram, Mrs Barnes has set up a page dedicated to Milbrodale school. Follow; [our\\_little\\_country\\_school](#) and give the photos a like. There are already 72 posts.

\*If you are super excited about doing canteen but have simply forgot to put your name on the roster, there's still time. There are still three days this term that need volunteers.

\*Thank you to all the families for your support. No matter how big or small, your contribution is always appreciated!

## Milbrodale Public School Canteen Roster **Term 3 2019**

DATE	NAME
22nd July	Narelle
29th July	Kellie
5th Aug	Kellie
12th Aug	No Students
19th Aug	Linda
26th Aug	Kirsty Pip
2nd Sept	
9th Sept	Lisa
16th Sept	
23rd Sept	

If you are unable to do canteen on your rostered day, please try and arrange someone to take your place or contact Narelle on 6579 4649 (before 7.00am)

### TERM 3 2019 SWIMMING TRANSPORT –

Please see Margaret in the office to add your name for transport for swimming.

Date	Parent	No of Students	Sighted D/L & Car Rego
16 <sup>th</sup> Aug	Linda Ellison	2	Yes
16 <sup>th</sup> Aug			
16 <sup>th</sup> Aug			
30 <sup>th</sup> Aug	Narelle Harris	6	Yes
30 <sup>th</sup> Aug			
30 <sup>th</sup> Aug			
13 <sup>th</sup> Sept	Lisa ?	2	
13 <sup>th</sup> Sept	Holly ?	2	
13 <sup>th</sup> Sept			
27 <sup>th</sup> Sept	Narelle Harris	6	Yes
27 <sup>th</sup> Sept			
27 <sup>th</sup> Sept			

### **Cooking By Eva Borrett**

We cook to help kids learn about being healthy and to help the kindergarten students learn the skills.

I have fun when I am cooking.

Emily let me help her put the bread in the pan.

I got to cut the carrots, I used a peeler to get the peel off and then I used the big blue plastic knife to cut the carrots into small circles. When the carrots were cut I put them in the bowl and I helped make the salad. There were carrots, beetroot, lettuce, oranges and cheese in the salad.



### **Cooking By Makayla Harris**

In the past few weeks the students has been cooking.

The students cooked a stir fry and butter chicken.

The students has also cooked flat bread and salad using elements from our garden. The class is learning to cook and use table manners. The cooking lessons have been great. Students have learnt to use the equipment safely. The children have been split up into groups. We have taken time to cook the delicious meals and we have had so much fun cooking.

With all the help from staff, teachers and volunteers it has been a great success.





## NAIDOC DAY - By Brylie Tomkins

We did so many things like rock painting, dancing, Biamie cave and more.

### Rock painting

In the rock painting we got to paint rocks. But not with paint, with pens and textas. I painted the aboriginal flag and free painting on a rock.

### Dancing

In dancing we did the honey tree dance where the boys are the bees. The girls were the trees. The boys had to cut down one of the trees and collect the honey.

### Weaving

With the weaving we made bracelets. We had to make a loop then put the other end through the hole then the loop.

### Lunch

For lunch we had sausage sizzle and a popper. We to have tomato or barbeque sauce. It was so yummy.



## NAIDOC Day - By Olivia Lloyd

On the second of August our school and four other schools participated in NAIDOC Day. The five and six kids went to Biame cave with Uncle Warren, then we did some sport, rock painting and Dancing. This years NAIDOC Day theme was Voice, Treaty, Truth.

Mrs Forbes drove Miss Wright, Uncle Warren, a couple kids from Jerrys Plains and Broke public school and Amalie and I. Uncle Warren told us the story of how Biame woke in the darkness and he saw nothing so he decided to create the sun, then he saw that he was standing on dusty, dry dirt so he decided to create grass and with that he created hills and creaks. After he had done all of that he was so proud but he had no one to show it to so he created people, and the people needed food so he created plants and animals. Uncle Warren also showed us that the cave looks like an eagle.

After we came back from Biame Cave we did some sport. First, we played a game where two people had to pair up and one person (not in the pair) had to call out a body part (e.g. nose, ears) and the pair would have to touch it but if that person said cone the two people had to quickly grab the cone and whom ever got it first won.

After that we played French cricket and skipping. Amalie and I were a pair I skipping and we had to go and jump the rope at the same time, it was fun but also easy.

We also did some rock painting with textas. I painted a dotted rainbow going horizontally, and a circular rainbow with a silver turtle in the centre.

Just before lunch we also did aboriginal dancing. The dance we did was called The Honey Tree Dance. All the girls had to pretend to be trees and the boys had to be walking around as aboriginals and then pretend to cut down a tree. The boys then had to kneel down next to cut down tree and pretend to collect honey, after that it was quite funny because the boys then had to pretend that they were getting stung by bees. The moral of the story/dance was about the first time the aboriginals saw the English bees.





# MILBRODALE FAMILY FUN DAY

SUNDAY 15TH SEPTEMBER 2019  
9AM - 2PM  
MILBRODALE PUBLIC SCHOOL  
2615 PUTTY ROAD MILBRODALE

*Loads of family fun!*

Live music  
The Ultimate Challenges  
Wood-fired Pizza  
Free Pony rides & petting zoo  
Free jumping castle  
Local produce  
Chocolate wheel  
Trash & Treasure stall  
Cake stall

Donations for  
Trash & Treasure  
stall welcome.  
Drop off during school  
hours from  
2nd Sept.

A fundraising event organised by the  
Milbrodale Public School Parents & Citizens  
Association

Market stall  
sites available  
for only \$10.  
Info + bookings  
contact Narelle on  
0428971346

Chook lotto with a difference



Free  
pony  
rides

\$650 in  
prizes

Enter our  
Ultimate Challenge



Supported by:



## ARE YOU THE ULTIMATE?

FIND OUT AT THE 5TH

## MILBRODALE ULTIMATE CHALLENGES

SUNDAY 15TH SEPTEMBER 2019  
AT THE MILBRODALE FAMILY FUN DAY  
CORNER OF MILBRODALE AND PUTTY ROADS  
MILBRODALE

Registration open from 9 am

ULTIMATE student heats 10 am  
ULTIMATE WOMAN heats 11 am  
ULTIMATE MAN heats noon  
Finals 1pm.

Entry \$5 children, \$20 adults

A fundraising event organised by the  
Milbrodale Public School Parents & Citizens Association  
Supported by:



\$650 in  
prizes



Nutrition Snippet

## The simplest way

... to use winter vegetables.

Don't feel like salad  
during winter?

Here are some fruit and  
veg filled, winter ideas.

Cook extra for dinner  
and dessert and pack  
leftovers for lunch.



- Baked vegetables such as pumpkin, sweet potato, beetroot
- Mushroom, spinach and lentil lasagna
- Sweet potato and lentil curry
- Salmon and potato cakes
- Shepherd's pie
- Stewed apples and sultanas
- Healthy apple crumble

For these recipes and more visit  
[healthy lunchbox.com.au](http://healthy lunchbox.com.au)

[healthy lunchbox.com.au](http://healthy lunchbox.com.au)



SunSmart Snippet

## The simplest way

... to wear SunSmart clothing

Clothing provides a barrier  
between your skin and damaging  
ultraviolet (UV) radiation - unlike  
sunscreens, it can't be wiped or  
washed off.



For the BEST protection,  
choose:

- Shirts with collars or high necks, and sleeves
- Trousers or longer shorts and skirts that come to below the knees
- Clothing that is loose rather than stretched across the skin

Clothing is just one part of sun protection!  
Remember to use SunSmart hats, sunglasses,  
apply sunscreen, and seek out shade.

To help keep your kids safe in the sun, check your schools  
SunSmart status by heading to [www.sunsmartnsw.com.au](http://www.sunsmartnsw.com.au)





www.stfc.com.au for more information



PONY RIDES

Stall sites availableCall  
Maureen on 0413 318 666 after 6pm  
or  
Kim on 0411 288 977  
email: kimsawayinusa@hotmail.com



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NSW Department of Planning, Industry and Environment | Phone: (02) 9995 5000

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