

MILBRODALE MATTERS

Issue 18

Term 4 Week 6 Tuesday 19th November 2019

Milbrodale Public School

T (02) 6574 5163

2615 Putty Road

F: (02) 6574 5201

MILBRODALE NSW 2330

E: milbrodale-p.school@det.nsw.edu.au

W: <https://milbrodale-p.schools.nsw.gov.au>



Milbrodale Public School



Dear Parent and Carers

Bush fires

Thank you to all the parents and community for your understanding and patience over this difficult bushfire season. Attached to this newsletter is the schools evacuation plan in any event of this being a necessary course of action for our school. We will be advised by the RFS and emergency services in consultation with the Director of Education around any decisions made. Parents/Guardians will be contacted as quickly as possible by text message, Facebook and phone calls as necessary and students will be evacuated to the safest identified evacuation point. For further details, see the attached flowchart. Our main priority will be to get the students and staff to a safe place in the safest and most efficient way. We will always follow the advice of the local fire service in any emergency situation.

School Leader Speeches

The students who are interested in becoming school leaders in 2020 will present their speeches on Thursday 21st Nov at 2.30pm. All welcome to attend.

Christmas Shirts

As is tradition, the staff and students are invited to wear Christmas T-shirts to school each day from 2nd December. If we are attending any special events, we will ask the students to wear full school uniform. The school expectations are to be followed during these weeks and any students not following the expectations will be requested to begin wearing school uniform.

Intensive Swimming

During week 8 the students will be involved in intensive swimming each day from 9.30-1.00. They will need swimmers, goggles, towel, dry clothes, food and drink. On these days the students do get very hungry so it would be great if you could pack some extra food for your children. Please start having the students practice getting themselves organised and accountable for their own belongings as when the students are getting changed at the pool it can be quite difficult especially as we will be having lessons with another school. A note with further information will be attached.

Note: There will be NO TRANSITION this week.

Canteen

Canteen during swimming week will be operating on a varied schedule. The students will be able to order lunch to have on return to school after their lessons at approximately 1pm.

Presentation Night venue and helpers

At the P&C meeting, it was decided to hold our Annual Presentation Night at **Bulga Hall** this year on 13th December. This allows us more indoor space to hold the event, which will make it more pleasurable for all attending. We will be asking for helpers on the day to set up the hall and at the end of the event for packing up. Please keep an eye out in the newsletters for opportunities to help on the day. I would like to point out that this is a school event and it will be strictly a **no alcohol** event. I thank you for your understanding with this matter.

Regards, Kristen Kime, Principal

School

Calendar

Date	Event
Thurs 21st Nov	Puss in Boots SPS 12pm
Fri 22nd Nov	Aboriginal Dance 2-3pm
Tues 26th Nov	Students performance Singleton Square 10.20 for 11am
Wed 27th Nov	Cooking 9.30am
Fri 29th Nov	Hunter Valley Gardens 10-2
Mon 2nd to Fri 6th Dec	Intensive Swimming No Transition
Tues 3rd Dec	High School Orientation
Fri 6th Dec	Aboriginal Dance 2-3pm
Mon 9th Dec	Kinder Orientation and morning tea Christmas scripture P and C meeting 3.15pm
Wed 11th Dec	Volunteers morning tea
Fri 13th Dec	Presentation Night
Wed 18th Dec	Last day for students Yr 6 fun day



Please send your child to school with their hat every day now that the weather is warming up. Remember No Hat = No Play.

P&C News

Term 4 Week 6

* The Presentation Night will be held on the evening of Friday 13th December at Bulga Community Hall, and the P&C and school families cater this event. If you would like to bring a plate of finger food for the main meal, or a dessert, please see the office for the list. So that we don't double up, you can nominate what you would like to bring. **Set up will be done early in the afternoon, please see Linda if you would like to help.**

* The Christmas raffle will be drawn on Presentation Night. You can drop off your donations to the staff room. Items such as Xmas food, toiletries/ cosmetics, and toys, will make up the hampers. Tickets will be sent out soon and are only \$1.00 per ticket, so please sell as many tickets as possible to your family and friends and return these to the office prior to the Presentation Night.

* A huge thank you to everyone who has volunteered for canteen, not only this term, but for the year. The canteen would not be possible without Narelle volunteering her time to do the ordering, shopping and baking every week, so that our children may have this available to them every Monday. So every canteen day that you volunteer, it helps to share the load.

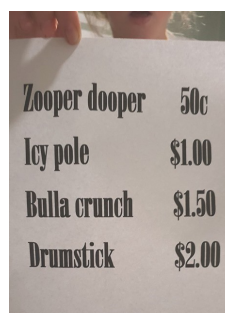
♦ With the warm weather setting in early, it also means that our weekly collection at the Bulga Tavern of cans and bottles is bigger. This is more work for our volunteers every week. Not only is this a commitment to our school and students, but it is a huge task that does not end at the Tavern. The cans and bottles still need to go to town and be put through the Return and Earn Collection point. If you are not available on a Monday afternoon, but are able to assist in processing the cans and bottles, please let the school know.

* Thank you to all the families for your support. No matter how big or small, your contribution is always appreciated! :)

Milbrodale Public School Canteen Roster **Term 4 2019**

DATE	NAME
14 Oct	Narelle
21 Oct	Linda
28 Oct	Lisa
4 Nov	Narelle
11 Nov	Lisa
18 Nov	Lisa
25 Nov	Narelle
2 Dec	Tricia
9 Dec	Linda
16 Dec	Narelle

If you are unable to do canteen on your rostered day, please try and arrange someone to take your place or contact Narelle on 6579 4649 (before 7.00am)



The Yr 6 Fundraiser will
continue
every Friday this term



Dress like a farmer day

The Dress as a Farmer Day and the BBQ evening was a huge success and a great social night. A big thank you to everyone who was involved, and to Matt, Jason & Elliott for taking control of the BBQ. Community families also came in support and it was a great night to catch up with other school families and our neighbours. \$430.20 was raised throughout the day by the students giving a gold coin donation, the year six girls ice-cream sales, and the BBQ. All the money raised has been sent to Drought Angels, and they have thanked our school and families for our efforts.

Book Week Parade and Assembly Monday 11 November 2019



Nutrition Snippet

The simplest way

... to swap ham out of the lunch box.

We know that ham is a lunch box staple for many families, however, Cancer Council recommends that we limit or avoid processed meats such as ham, salami and bacon, because of their link with increasing the risk of bowel and stomach cancer.



One way to help your family limit their intake of processed meats is to keep them out of the lunch box. Better choices include:

- BBQ chicken with skin removed
- Canned tuna or salmon
- Boiled eggs
- [Hummus](#)
- Cheese
- Leftover home-cooked meat
- [Home cooked rissoles](#)

For more ideas visit healthylunchbox.com.au

healthylunchbox.com.au



Nutrition Snippet

The simplest way

... to swap to healthy snacks

Foods packed in the lunch box contribute significantly to a child's overall diet. It is important to try and keep unhealthy treat foods out of the lunch box. Try these healthy swaps:

Swap this	For this
Chips	Plain popcorn
Chocolate bar	Homemade bliss balls
Sweet biscuits	Raisin bread
Fruit roll ups/sticks	Tub of canned fruit
Lollies	Dried fruit
Flavoured biscuit	Crackers with cheese
Commercial muffins	Homemade fruit muffins

For snack ideas visit healthylunchbox.com.au

healthylunchbox.com.au



5 Sure-Fire Steps to Eradicate Head Lice For Good



Identification

Learn how to Identify head lice.



Treatment

Treat Head Lice with a proven medicated shampoo.



Elimination

Remove head lice by getting rid of eggs & lice using a lice and egg removal comb and medicated solution.



Prevention

Stop the chances of re-infestation with a proven daily prevention spray to repel head lice. Apply the spray before school or group activities. Head lice don't like plaited or short hair.



Precaution

Use a soaking solution to clean all pillows, linen, hats and clothing to avoid reinfestation.

By Amalie Harris & Isabella Duncan

19th of November 2019

A fire can start any second any minute any hour any day in your backyard. So take this seriously and not a joke.

Gospers Mountain Fire

Update Wednesday, November 13th 2019

An emergency alert for the Gospers Mountain bushfire has been reduced to a Watch and Act notice for the Putty area.

The fire is burning in the area of Mellong and moving in a northerly direction towards Putty.

"Fire activity has reduced after a southerly wind change moved over the fire ground," the Rural Fire Service stated at 3.15am on Wednesday morning.

A watch and act alert means there is still a heightened level of threat and the fire remains out of control.

Putty Road remains closed between Milbrodale Road and Long Weeney Creek trail.

Update

An emergency warning alert has been issued for the Gospers Mountain bushfire with the giant blaze burning within four kilometres of Putty.

[Extreme fire conditions](#) and strong winds have fanned the blaze towards the east on Tuesday.

"The fire is threatening the areas north of Culoul and south of Fleetwing," the warning by the NSW Rural Fire Service (RFS) states.

"Fire activity is increasing in the areas of Mellong, St Albans and Upper MacDonald."

The NSW RFS' advice:

If you are in the areas north of Kallool and south of Fleet Wing, seek shelter as the fire approaches.

If you are in the area of Mellong, St Albans and Upper MacDonald, and your plan is to leave, leave now to a safer location.

A safer location may include a built up area, well away from bushland.

The Putty Road is closed from Colo River to Grey Gums.

What you need to do

If you are threatened by fire, you may not get assistance.

If you are in these areas and your plan is to leave, or your property is not prepared, leave towards a safer location.

Safer locations include built up areas, well away from bushland.

If you are unable to leave, identify a safer location which may be nearby. This may include a cleared area well away from bushland, or an identified Neighbourhood Safer Place.

Avoid bushland areas.

A southerly change is forecast early on Wednesday morning. This may push the fire in a northerly direction.

If you are threatened by fire

Do not be in the path of the fire.

Protect yourself from the heat of the fire. Wear protective clothing and footwear. Cover all exposed skin.

If the fire impacts, seek shelter in a solid structure to protect yourself from the heat of the fire.

If your life is at risk, call Triple Zero

(Sourced from Rural Fire Service)

Bush Fire Evacuation Plan

Milbrodale Public School Risk Factor- Bushfire Prone Area

Considerations

If smoke is present from bushfire all activities will be assessed and the students and staff will remain indoors with windows and doors shut as much as possible. Air-conditioners will be on to help filter the air as much as possible.

Shelter in Place

In consultation with the RFS and Director of Education a decision will be made to shelter in place if safe.

Milbrodale Schools shelter in place location is the Library building.

Parents will be informed via Text message,
Facebook and School Website.



Evacuate

Principal to discuss situation with emergency services and

Director of Education



Decision made to temporarily cease operations



School community to be advised via school website, Facebook and text message (phone calls if required)



Temporary relocation sites

1- Bulga Fire Control

2- Broke Public School

This will be communicated in the messaging to school community



Students will be transported by staff in school bus and cars as required