

Milbrodale Matters

Issue 1

Term 1 Week 1 31st January 2018

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Milbrodale Public School



Dear Parents & Guardians

Welcome back to another exciting year at Milbrodale School. I am happy to see everyone back safe and well.

The first event on the calendar is the swimming carnival, on Friday 9th February. This year the small schools have decided to run the carnival in line with the requirements from Zone Swimming Carnivals. As such, students who are 8 years and older will participate in the swimming carnival and the other students will be supervised at Broke Public School for the day.

I apologise if this causes any concerns and if you have any questions please make a time to speak with me about your concerns. There are a number of factors determining this change including supervision of all students in and around the water and the smooth running of the carnival. I appreciate your support in this matter. Please find permission notes attached to the newsletter.

We will again be participating in the Choose Maths program with Marcus Garrett and his first visit will be a full day on 8th February where we will work together to assess the students' knowledge.

I look forward to working with you all again throughout 2018.

Regards Kristen Kime Principal



School Calendar

Date	Event
Tues 30th Jan 2018	First day students Term 1
Mon 5th Feb 2018	First day Early Learning Program 2018 Canteen Student Banking
Thur 8th Feb	Choose Maths – all students at school
Fri 9th Feb	8 Years old & up Swimming Carnival @ Singleton Gym & Swim 5-7 years old @ Broke School
Mon 12th Feb	Early Learning Program Canteen Student Banking
Fri 16th Feb	Book Club Orders due



We appreciate Yancoal for the generous support of our Early Learning Program, continuing into 2018.



The simplest way

...to pack a lunch box is here!

The task of packing a healthy school lunch is now easier with the launch of our exciting new Healthy Lunch Box website healthylunchbox.com.au

The new website shows how easy it can be to pack a healthy lunch box that your kids will love.



It features an interactive lunch box builder that enables you to plan your kids' lunches on your phone, desktop or tablet - it's quick, easy and the kids will love helping too!

Healthy recipes and tips on adding more fruit and veg to lunch boxes will help set your child on a path of lifelong healthy eating to reduce their cancer risk.

Visit healthylunchbox.com.au for recipes & information you can trust.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit



P&C News

Canteen News

Canteen every Monday during term will recommence next Monday, 5th February. The latest menu from Summer 2017 is attached.

If parents can contribute 1 or 2 Mondays a term, the students and staff will greatly appreciate it.

Please let Narelle or Margaret know, if you can add to the Roster.

Next P&C Meeting: Date to be decided

Meetings are generally held every 4th or 5th Monday afternoon, starting at 3.15pm, in the Staffroom.

All are welcome.

\$5 per family, per year, is the membership fee.
Payment to Narelle by the 1st meeting is appreciated.

Activities throughout the year include Pizza afternoons, catering for Truck Drivers Memorial, manning the gate at the Milbrodale Mountain Classic, Family Fun Day as well as Raffles for Easter and Christmas, and Mother's Day & Father's Day gifts.

Please support your P&C which supports your children.

Stay tuned for the 1st meeting.

Milbrodale Public School

Canteen Roster **Term 1** 2018

DATE	NAME
5 th Feb	Narelle
12 th Feb	Frances
19 th Feb	Tricia
26 th Feb	Linda
5 th Mar	
12 th Mar	
19 th Mar	
26 th Mar	
2 nd April	Easter Monday
9 th April	

If you are unable to do canteen on your rostered day, please try and arrange someone to take your place or contact Narelle on 6579 4649 (before 8.00am)

Good for Kids good for life

ACTIVE TRAVEL IN EVERYDAY LIFE

Active travel to school is a great way to get extra activity in your child's day but sometimes it isn't safe to do so. Luckily active travel can be added into everyday life to get your heart working!

- Check your local area for designated bike paths and ride your bikes to the shops
- Try parking at a greater distance from your location and walking the rest of the way.
- If you use public transport, get off one station before your destination and walk.
- Even making little changes in everyday life such as taking the stairs instead of the elevator can make a big difference.



REGISTRATIONS ARE OPEN

Come join our Club in 2018

Registration days at Cook Park Clubhouse for those paying by cash:
Thurs 22/02/18: 4pm-6pm
Sat 24/02/18: 10am-12pm



Any enquiries please email
singletonjrl@yahoo.com.au

Please note: New Registrations need to supply birth certificate. If paying by cash in person please complete the first step of registration prior. Registration link can be found on our Facebook Page or Website. Registration must be completed and paid prior to training. *\$100 Active Kids Voucher may be used towards Registration fee