

Milbrodale Matters

Issue 18

Term 4 Week 3 Wednesday 25th October 2017

Milbrodale Public School

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Dear Parents & Guardians

Greenhouse

Thank you to Mrs Cook, Mr Kirchen, Bunnings and the Clontarf boys for fixing our greenhouse. The plastic is gone and it is now cover in high quality shade cloth ready to be used to grow seedlings for our gardens. This was made possible by the grant Mrs Cook obtained from Glencore.



Snake Sighting

There has been a snake sighted at Milbrodale School; the children have been spoken to about what to do in the event they see a snake in the playground. Do you have a plan for home? As a class, we discussed how to call 000 and what information they need to tell the operator, please practice with your children their address and phone numbers.

Busy Week

This week the students have been invited to Broke Public School for the Future Earth science show yesterday, and Daniel Morcombe day on Friday, along with Aboriginal Culture on Friday.

Please find a note attached with more information.

I will be attending a Principal conference from Wednesday to Friday; the students will be in the capable hands of Mrs Cook and Mrs Meredith in my absence.

Presentation Night

We have set the date of Friday 8th December for our annual presentation night. If you have any concerns with this date, please see me as soon as possible.

Year 6 Farewell Day

Monday 11th December will be the Year 6 farewell day. More information will be given closer to the date but please put this date into your diary. This event will include the Early Learning Program and we will be requiring parents to help with transporting their children to the activity.

Regards Kristen Kime Principal

School Calendar

Date	Event
Thu 26 th Oct	Jump Start @ SHS for Year 7 2018 9.30-12.30 12pm – Drumming
Fri 27 th Oct	All day @ Broke PS Aboriginal Culture & Day for Daniel Gold Coin donation
Mon 30 th Oct	Early Learning Program Canteen Student Banking
Thu 2 nd Nov	Kinder Orientation begins 12pm – Drumming
Fri 3 rd Nov	Bike Day
Mon 6 th Nov	Early Learning Program Canteen, Student Banking 3.15pm P&C meeting, 4.30pm Pizza afternoon
Tues 7 th Nov	5.30pm Glencore BBQ, Bulga Hall for local residents
Thur 9 th Nov	Kinder Orientation King Arthur Alpha Show @ Singleton Hts PS
Mon 27 Nov to Fri 1 st Dec	Intensive Swimming @ Singleton Gym & Swim
Tue 5 th Dec	Year 7 2018 Orientation Day @ SHS 9.30-2.30
Fri 8 th Dec	5pm Presentation Night
Mon 11 th Dec	Year 6 Farewell Day – all children involved



We appreciate YanCoal for the generous support of our Early Learning Program, continuing into 2018.

Thank you also to YanCoal for sponsoring the Ultimate Challenges at the Family Fun Day.

P&C News

Next P&C meeting

3.15pm Mon 6th November – Staffroom

Parents – Come along & be a part of our vibrant small school community.

Only \$5 per family annual membership



Followed by Pizza afternoon for all



Homecooked pizzas from our pizza oven - \$4 each - scrumptious!!

We'd love to see you here ☺

Mon 6th November 2017

Milbrodale Public School

Canteen Roster **Term 4 2017**

DATE	NAME
9 TH Oct	Narelle
16 th Oct	Frances
23 rd Oct	Tricia
30 th Oct	Linda
6 th Nov	Narelle
13 th Nov	Frances
20 th Nov	Tricia
27 th Nov	ELP only K-6 @ Swimming Linda
4 th Dec	Narelle
11 th Dec	Frances

If you are unable to do canteen on your rostered day, please try and arrange someone to take your place or contact Narelle on 6579 4649 (before 8.00am)

Good for Kids good for life

EVERYDAY FOODS IN THE CANTEEN

Our canteen is working towards aligning with the new NSW Healthy School Canteen Strategy! Instead of Green, Amber and Red categories, there are now Everyday and Occasional foods and drinks. We are aiming to provide a large range of delicious and nutritious Everyday foods and drinks for your children.

Everyday foods and drinks can include:

- Fruit and vegetables
- Sandwiches/wraps/rolls, sushi and salads
- Toasties, soup, pasta, jacket potatoes and lean burgers
- Reduced fat dairy, cheese and wholegrain crackers, air popped popcorn and pikelets
- Water, 99% fruit juice and reduced fat milk.



SunSmart Snippet

The simplest way

...to be a good role model!

Did you know?

Researchers, parents and teachers know that children imitate adult behaviour. That's why role modelling sun protection is so important!

How you can be a role model:

- Slip on clothing which covers as much skin as possible.
- Stop on 30+ broad-spectrum, water-resistant sunscreen.
- Slap on a broad brimmed, legionnaires or bucket hat.
- Slide on some wrap-around sunglasses.
- Seek shade when outdoors.



Don't forget – when the UV reaches 3, we protect against UV! You and your kids can check the UV level together by downloading the SunSmart app!

Set a positive example and your kids will follow your lead!

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au



Nutrition Snippet

The simplest way

...to add Spring produce to your menu.

Adding seasonal produce to your weekly menu not only tastes better, but buying fruit and veg in season can be up to 35% cheaper than other times of year.

Here are four easy ways to add more Spring veggies and fruit to your day:

- **Add some legumes** – add chickpeas to your salad, stir kidney beans through your bolognese sauce, add canned lentils to your sausage roll mix.
- **Put veggie sticks in every lunch box** – carrots are super cheap in Spring, cut them into sticks and pack them with a small container of hummus.
- **Roast vegies and use in sandwiches** – roasted pumpkin and zucchini are delicious on wholegrain bread.
- **Make fruit salad cups** – cut up some strawberry, apple and rockmelon and put in a cup for a sweet, tasty treat.



For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



MEET & GREET NICK JR.'S PAW PATROL

POLICE PUP CHASE



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Sat 28th Oct Between 11am - 2pm

Chase will be appearing in 20min intervals.
Meet and Greet and take a photo.
Kids DIY, facepaint, other activities in store on the day.

BUNNINGS warehouse

LOWEST PRICES ARE JUST THE BEGINNING...

Explore the future and win with School Banking.



Term 4 is here and the Future Games competition is in full swing, with two exciting prize draws to enter. Get started by making three or more School Banking deposits during the competition period - from Monday 14 August 2017 to Friday 10 November 2017.

Play the Future Savers app for a chance to win a Nintendo Switch

The Future Savers app is an amazing adventure in augmented reality that brings the future and the Dollarsmites to life, teaching fun money lessons along the journey.

After playing three exciting games, unlocked week by week, students need to complete the online entry form at commbank.com.au/futuregames by Friday 10 November 2017 to go in the draw for a Nintendo Switch.

Download and play the Future Savers app from **Monday 16 October 2017**. Simply search Future Savers in the App Store (iOS) or Google Play (Android). For more information about the app and the Future Games competition, visit commbank.com.au/futuregames

High Tech Prizes
60x Select High Tech Prizes
80x Select High Tech Prizes
90x Select High Tech Prizes

Game Master Prize
50x Nintendo Switch Game Master Prizes

How to Enter
Make 3 or more School Banking deposits - play the Future Savers app - complete the online entry form for a chance to win a Game Master Prize.

Download the app from the App Store or Google Play.

CAN



9TH DECEMBER COMMUNITY CAROLS

@ THE HEIGHTS

5pm to 9pm
Alan Bull Reserve
Hunterview

Singleton Baptist Church
Invites you all to come and join us to celebrate Christmas

If wet weather this event will be held up at the church cnr Bridgman Road and Gardner Circuit

FREE Family Event
5pm - 7pm
Jumping castles
Snow cones
Sausage sizzle
Cold drinks
Tea & coffee
Singleton Town Band
7pm - 9pm
mainly music
Ron Schravemade & friends



Carols
Fireworks



Variety Kids Xmas Party 2017 Newcastle

Join us for the first Newcastle Variety Kids Christmas Party, a special event full of fun and entertainment for kids who have a disability, chronic illness or who are experiencing financial hardship.

There will be on stage entertainment, games, rides and even some special guests all the way from the North Pole! See the details below:

Wednesday 15th November
4pm - 9pm
McDonald Jones Stadium, Turton Road Broadmeadow
Cost: FREE!
Parents, guardians and siblings also welcome

Register your interest now via:
<https://www.variety.org.au/nsw/events/>

For any questions, please contact us on 02 4965 4911
We hope to see you there!

variety
the children's charity



Oddball: Free Family Outdoor Event

Based on an incredible true story

SHANE JACOBSON SARAH SNOOK ALAN TUDYK DEBORAH MAILMAN

Oddball
Every underdog has his day

Oddball: Free Family Outdoor Event

An eccentric chicken farmer, with the help of his granddaughter, trains his mischievous dog Oddball to protect a penguin sanctuary from fox attacks in an attempt to reunite his family and save their seaside town, based on an incredibly true story.

Grab your family, friends and a picnic blanket and head to Speers Point Park for a great night of family fun. We will entertain you with kids' games, jumping castle, face painting, lots of giveaways, popcorn, Westpac Rescue Helicopter Service BBQ and live music.

We'd love you to make a gold coin donation to our charity partner Westpac Rescue Helicopter who continually do an amazing job supporting Hunter residents.

Saturday 28 October, 5:30pm
Speers Point Park, Speers Point

Director: Stuart McDonald
Writer: Peter Ivan
Lead Talent: Shane Jacobson, Sarah Snook, Alan Tudyk, Deborah Mailman
Classification: Unclassified
Runtime: 95 minutes
Year: 2015
Disabled Access: Yes

real rff festival
based on true stories



Canteen Menu

HOT FOOD

(Lunch only)

Beef Pie	\$2.00
Beef Sausage Roll	\$1.50
Cheese and Bacon Pizza	\$2.00
Chicken Nuggets	50c ea
Chicken Chippies	40c ea
Squeeze On Sauce Packet	20c ea
Tomato or BBQ	

*All hot foods sold are in the AMBER category meaning they are 'sometimes' food. In the future we hope to be able to fill the menu with fresher foods in the GREEN category

*All sauce MUST now be ordered on bags and paid for -
Thankyou

COLD DRINKS

(Lunch Only)

Juice Popper 200ml	\$1.20
Chocolate Milk Popper 200ml	\$1.50
Strawberry Milk Popper 200ml	\$1.50
Milo ActivGo Popper 200ml	\$1.50

*All milk poppers sold are made from reduced fat milk, putting them in the GREEN category

*Juices sold are 99% juice, putting them in the GREEN category

RECESS ORDERS ONLY

Quelch	50c
Paddle Pop	\$1.50
Rainbow or Chocolate	
Frozen Yoghurt Tub	\$1.50
Strawberry or Mango Flavour	
Low Fat Muffins	\$1.50
Chocolate, Blueberry, Apple and Cinnamon	
(From Thompson's Bakery)	

Canteen Day is FRIDAY!

Please have **ALL** money and orders to the canteen window before class begins (come up the ramp next to sandpit).

Want to be a Canteen Volunteer?

You will need a Working with Children's Check. Please see the office or Canteen Manager if interested!

'Many hands makes light work'

NEW!!!!

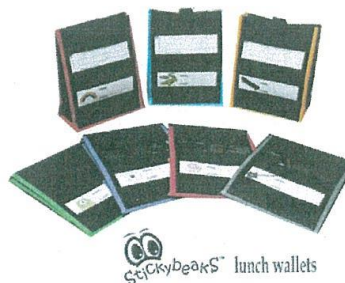
Lunch wallets now available to buy at the Canteen!

- Hygienic zipper pocket for money to separate contact with food
- Easy to wipe clean after use
- Transparent pocket to display name and class
- Made from non-woven polypropylene (same as a green bag)
- With a sturdy flat base, it fits more food than a paper bag
- Reduces paper waste and stops lost money from bag breakage
- Each purchase helps to fundraise for your Schools P & C Association

\$10.50 EACH

Lunch wallet is black with coloured edging - Many colours available!
Buy one today with your usual lunch order!

RE-USEABLE!



Stickybeaks lunch wallets



MILBRODALE PUBLIC SCHOOL

2615 Putty Road

Milbrodale

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Dear Parents / Caregivers

We have been invited to visit Broke Public School to celebrate Day for Daniel on Friday 27th October 2017.

As this is a whole day event the **students will need to be dropped off by 9am at Broke Public School and picked up from Broke Public School at 3pm.**

Day for Daniel – Child Safety Awareness (Friday 27th October)

This year is the 13th year of the Daniel Morcombe National day of action. It is held each year to raise awareness of child safety, protection and harm prevention. It is about educating children about keeping kids safe through child safety and protection initiatives. It aims to help empower our children to 'Recognise, React and Report' if they feel something is not right.



We ask that students **wear something red and bring in a gold coin donation** for this wonderful cause. All money raised will be donated to The Daniel Morcombe Foundation. We will join in with Broke school's class activities.

The itinerary for the day is:

9am – 11am Aboriginal Culture.

11am – 3pm Day for Daniel activities in classrooms

And recess and lunch breaks with Broke Public School

Each child should bring recess and a drink and ensure your child has a hat to wear.

OR Students are invited to order food items from Broke school's Canteen, on Friday morning.

The children are encouraged to wear red clothes or red accessories.

Please complete and sign the permission form below and return it to the school

Kristen Kime

(Principal)



Day for Daniel at Broke Public School

I hereby consent to the attendance of my son/daughter

at the Day for Daniel at Broke Public School Friday 27th October 2017.

Travel will be by private vehicle.

In the event of injury or illness, I also authorise (on my behalf) the seeking of such medical assistance that my child may require. I have provided the required medical information overleaf.

Medical Disclaimer

Parents please note there is a no personal injury insurance cover provided by the NSW Department of Education and Training for students in relation to school activities, physical education lessons or any other school activity. Parents and caregivers are advised to assess the level and extent of their child's involvement in the sport program offered by the school, zone, area and state school sport associations when deciding whether additional insurance cover, above that provided by Medicare, is required.

The NSW supplementary Sporting Injuries Benefits Scheme, funded by the NSW Government, covers any injury resulting in the permanent loss of a prescribed faculty or the use of some prescribed part of the body.

Privacy Notice

The personal information provided on this permission note, will be used by the Department of Education and Communities for general administration and communication and other matters of welfare relating to your child at this event. While the provision of this information is voluntary, it is strongly recommended that all details are completed. Failure to do so, may impede the resolution of welfare issues should you not be able to be contacted. This information will be stored securely.

Please be aware that the media exposure at this event may result in your child's name, school details and/or photograph appearing in a Newspaper, on Television or on the School Sport Unit Website

Signed: _____

Date: _____